



# Doctor AMY CONRAD, MD

PEDIATRICIAN | MOM | CONTENT CREATOR

## About me

I am a board certified pediatrician, podcast host, YouTuber, and founder of Kinder Digital Pediatrics. My mission is to pave the way for a natural and practical path to parenting, empowering modern families to thrive with healthy, happy kids.



67%

33%



82% U.S.A.  
17% Europe  
1 % Asia

200K+

Impressions

11K+

Followers

## SIGNATURE TOPICS

- ✓ How to raise **healthy, happy** kids
- ✓ What **modern** parents need
- ✓ How to achieve **Kid-centric** decision making
- ✓ Compare parenting **across cultures**
- ✓ Having kids as a **working mom**
- ✓ Scientific, **integrative** health for kids
- ✓ Children's age based **diet** and **nutrition**
- ✓ Pediatric **mental health**, ADHD
- ✓ How to build a better **health system** for families

## ASK DOCTOR AMY

PODCAST | YOUTUBE

